

NORTHWEST-SHOALS COMMUNITY COLLEGE

General Course Syllabus

Fall 2007

Rhonda West

331-5265

TITLE OF COURSE: Skin Functions/Black Skin Care (COS 169)

DIVISION: Occupation/Technical

COURSE DESCRIPTION: This course introduces skin functions and disorders. Topics include practical application for skin disorder treatments, dermabrasion and skin refining. Upon completion of this course, the student will be able to demonstrate procedures for acne, facials and masks for deeper layers and wrinkles.

HOURS:

Credit: 3

Contact: 9

Lecture: 0

Clinical: 0

Lab: 9

PRE-REQUISITES: None

CO-REQUISITES: None

REQUIRED TEXTBOOK(S): Black Skin Care, Angelo P. Thrower, M.D.

RECOMMENDED TEXTBOOK(S): Same as Required

SUPPLIES: Esthetics Kit and Supply list (see Instructor)

GENERAL EDUCATIONAL OBJECTIVE(S):

2. All associate in applied science degrees and certificates should be able to demonstrate the knowledge and skills needed for appropriate entry into the occupation for which they are trained.

4. All associate degree graduates should be able to analyze points of view and develop critical thinking and problem solving skills.

9. All associate degree graduates should be able to use the scientific method and recognize the effects, uses, and impact of science and technology on society.

COURSE OBJECTIVE(S):

1. Discuss the structure of the skin.
2. Discuss the psychological and physiological functions of the skin.
3. Describe skin types.
4. Describe skin conditions and disorders and recommended treatments.
5. Identify steps in performing various facial treatments.

6. Identify equipment and explain the uses in facial treatments.
7. Discuss the types of massage and benefits.
8. Identify sanitation and safety guidelines.
9. Discuss hair growth and structure.
10. Discuss nail growth and structure.
11. Describe proper make up application for black skin.
12. Discuss products and ingredients.
13. Discuss the principles of nutrition and analyze the effect of diet on the skin.

METHODS OF EVALUATION:

A. Course Grade Evaluation

Task List

Lab Tests

Notebook

Employability Skills Evaluation

Final Exam

B. Evaluation of General Educational Objectives

2. All associate degree graduates should be able to analyze points of view and develop critical thinking and problem solving skills.

Workbook Assignments

Oral Presentations

Lab Tests

Lab Task Lists

Group Activities

Compile a notebook with procedures and handouts

4. All associate degree graduates should be able to use the scientific method and recognize the effects, uses, and impact of science and technology on society.

Workbook Assignments

Oral Presentations

Lab Tests

Lab Task Lists

Group Activities

Compile a notebook with procedures and handouts

9. All associate degree graduates and certificate recipients should be able to apply the knowledge and demonstrate the skills needed for appropriate entry into the occupations for which they are trained.

Workbook Assignments

Oral Presentations

Lab Task Lists

Lab Tests

Group Activities

Compile notebook with procedures/handouts

C. Use of Findings

1. During in-service meetings, Cosmetology department faculty will review all course assessment materials used in this course and make recommendations for appropriate changes.
2. Students evaluations of course will be reviewed and suggestions for course change will be considered by the department faculty.
3. Cosmetology faculty will monitor required course textbook lists which will be changed as new editions are available. An updated list will be maintained at the Campus Bookstore.
4. Test banks will be revised by Cosmetology faculty to accompany the revised textbooks.
5. The Cosmetology Program Advisory Committee will have input on course reviews and assessment materials. Appropriate changes will be made based on recommendations from this committee.
6. The Cosmetology faculty will use the test results of students to determine what areas student may need additional assistance in preparation for the state licensing examinations.

TOPICAL COURSE OUTLINE

COS169 SKIN FUNCTIONS/BLACK SKIN CARE

I. Black Skin Care

- A. Structure
- B. Function

II. Skin Conditions and Disorders

- A. Identification
- B. Recommended Treatments

III. Facials

- A. Equipment
- B. Types of Facials

IV. Hair and Nails

- A. Structure
- B. Treatments and Services

V. Makeup

- A. Products
- B. Application

VI. Nutrition

A. Process

B. Effects

AMERICANS WITH DISABILITIES ACT POLICY: It is the policy of Northwest-Shoals Community College to comply with the Americans with Disabilities Act (ADA). Any student covered under this act needing and desiring reasonable accommodations for this class should notify Linda Waide at 331-5321. See NWSCC catalog for additional details.

ATTENDANCE POLICY: Because class attendance is considered to be essential to the accomplishment of course objectives, excessive absences are discouraged. At no time should a student miss more than 20% of the class meetings for a course. These absences also include any absences accrued during late registration. Failure to adhere to the 20% policy may result in a failing grade based on academic performance. Students should discuss with the instructor what is considered “excessive” for a particular course. Any variation of this policy must be approved through the Chief Instructional Officer. A student who is absent due to required participation in a school activity must be allowed to make up work, according to guidelines issued by individual instructors.

WITHDRAWAL POLICY: A student who is unable to complete a course is expected to withdraw from that course by the end of 60% of class meetings. A student who withdraws by the date published in the schedule will receive a grade of “W” for the course. This withdrawal is done only by student request. The grade of “W” is allowed regardless of the student’s grades to the point of withdrawal.

After the designated date of class withdrawal, the approval of the Chief Instructional Officer is required prior to allowing a student to withdraw. The determination of “WP” (withdrawal passing) or “WF” (withdrawal failing) will be made by the instructor for the course and is based on the student’s grades to the point of withdrawal.

NORTHWEST-SHOALS COMMUNITY COLLEGE

Week/Date	Topic	Assignment
(1)	Chapter 1: Intro to Black Skin Care Chapter 2: Black Skin Structure/Functions	Notebook (keep all handouts & study guides in binder for grade)
(2)	Chapter 3: Black Skin Conditions/Disorders Review Chapters 1, 2 & 3	Study Guides 1,2 & 3 Task list/clients
(3)	TEST: Chapters 1, 2 & 3 <i>Study Guides due</i> Chapter 4: Caring for Black Skin	Study Guide 4 Task list/clients
(4)	Chapter 4: Cont'd Review Chapter 4	Study Guide 4 Task list/clients
(5)	TEST: Chapter 4 <i>Study Guide due</i> Chapter 5: Black Hair and Nail Care	Study Guide 4 Task list/clients
(6)	Chapter 5: Cont'd Review Chapter 5	Study Guide 5 Task list/clients
(7)	TEST: Chapter 5 <i>Study Guide due</i> Chapter 6: Makeup for Black Skin	Study Guide 5 Task list/clients
(8)	Chapter 6: Cont'd Review Chapter 6	Study Guide 6 Task list/clients
(9)	Chapter 7: Products for Black Skin Care Chapter 7: Cont'd	Study Guide 6 & 7 Task list/clients
(10)	Review Chapter 7 TEST: Chapters 6 & 7 <i>Study Guides due</i>	Study Guides 6 & 7 Task list/clients
(11)	Chapter 8: Herbs, Essential Oils & Sea Products Chapter 8: Cont'd	Study Guide 8 Task list/clients
(12)	Chapter 8: Cont'd Review Chapter 8	Study Guide 8 Task list/clients
(13)	TEST: Chapter 8 <i>Study Guide due</i> Chapter 9: Importance of Nutrition	Study Guide 8 Task list/clients Study Guide 9
(14)	Chapter 9: Cont'd Review Chapter 9	Study Guide 9 Task list/clients
(15)	TEST: Chapter 9 <i>Study Guide due</i> Review for Comprehensive Final	Study Guide 9 Task list/clients
(16)	FINAL EXAM: Chapters 1-9	<i>Notebook due</i>